


ANNAN FRAGRANCED  
PAPER CAMELLIA,  
AROUND \$2.95,  
ANGEL AROMATICS.



# aroma therapy

These sensual, scented ideas  
will warm your home and  
nourish your soul >

STYLING MIA ASKER PHOTOGRAPHY ELSA HUTTON



let your weary  
body drift off into  
delicate, lavender-  
scented dreams

1 WHITE BOWLS, \$45 EACH, PLANE TREE FARM. GREEN BOWLS, \$19 EACH, EMPIRE. 2 FOLDABLE WALL HANGER, \$12, IKEA. PAPER MOTH PROTECTOR, \$10, ORSON & BLAKE. ESTEBAN PIN SOFT GREEN SACHET, \$17.95, MOSS RIVER. NOCTURNE PJS, \$320, PLANE TREE FARM. 3 NATURE'S GIFTS SCENTED FURNITURE POLISH, \$11, CLOVER FIELDS. GUEST TOWEL, \$12.50, ORSON & BLAKE. 4 NORTHERN LIGHT CANDLE, \$12.95/3, PAPAYA. 5 ROSE SOAP, \$35/3, PLANE TREE FARM. ROSE-SCENTED DRAWER LINER, \$22/10 SHEETS, BELLE EPOQUE. WHITE SILK SHORTS, \$129. PINK VOILE SHORTS, \$83, BOTH EMPIRE. CHEST OF DRAWERS, \$2500, GAMLA LAN. 6 BATH TOWELS, \$51 EACH, COTTON VOILE SINGLET, \$107, WOODEN BATH RACK, \$67, ALL EMPIRE. HAND

TOWELS, \$21.95 EACH, PAPAYA. DUCK BODY BRUSH, \$32. BATH BRUSH, \$31, BOTH FUNKIS SWEDISH FORMS. BATH SALT, \$65, BOTTLED OIL, FROM \$35 EACH, BOTH PLANE TREE FARM. BATH SOAK, \$10, ORSON & BLAKE. 7 TABLE, \$2500, GAMLA LAN. DIP BOWL, \$27, PIGOTT'S STORE. WILD PROVISIONS KITCHEN THERAPY SPRAY, \$15, SILK ROUTE. 8 LINEN SACHETS, \$5 EACH, SILK ROUTE. NOCTURNE PJS, \$320, PLANE TREE FARM. 9 BIRCH TABLE, \$2500, GAMLA LAN. CAN O' CANDLES, \$19.95 EACH (INCLUDES POTPOURRI), CANDLECRAFT. THIS PAGE: PERUGIA PILLOWCASE, \$195/PAIR, MOSS RIVER. LINEN LAVENDER BAGS, \$35 EACH, PLANE TREE FARM. VOILE SINGLET, \$107, EMPIRE. **hb**  
For stockists see page 158



1 Calm your mind by scenting your clothes with soothing woody tones



2 Freshen carpets while you vacuum, with a sprinkle of perfumed powder



3 A few drops of essential oil is all it takes to revitalise and energise your soul



4 Floral-inspired linen water puts the joy back into laundry duty, so spray away...



5 Burn incense cones for mesmerising ribbons of heady fragrance



6 Look to your larder for ideas – try cinnamon sticks to neutralise shoe odours



7 Brighten your environment – and your mood – with a fresh spritz of room spray

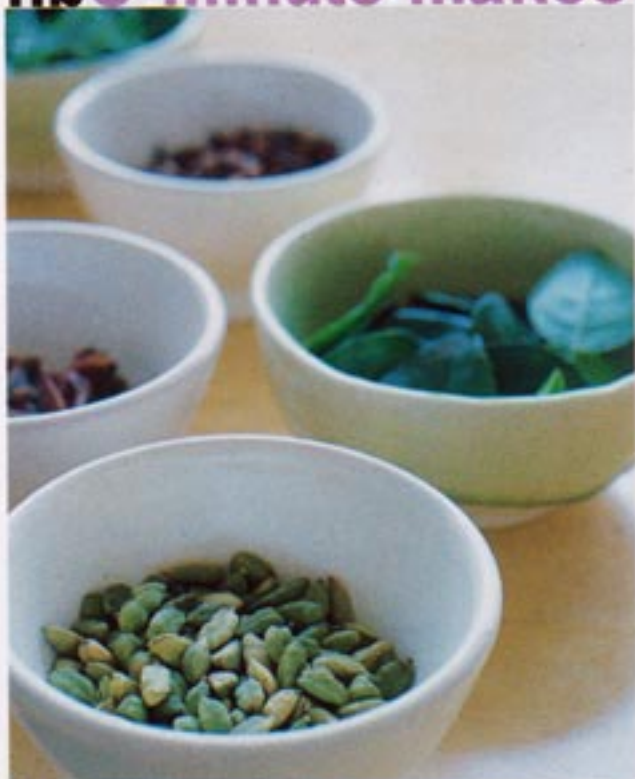


8 Delicately perfumed candles cast a flattering glow and seductive scent



9 Spike pretty pots with single stems of smouldering, garden-fresh lavender >

# hb5-minute makeover



**1** Display spice and all things nice in tiny ceramic dishes on your kitchen bench



**2** Doesn't that favourite outfit deserve some specially scented attention?



**3** Wipe the frown from dull furniture with a gentle rub of restorative, fragranced balm



**4** Often it's the smallest treats in life that most please the senses



**5** Grandmother's favourite: slip a rose soap in your drawer for lingerie that lingers



**6** Aaaaah... slide into a hot bath softened with oils that will melt your cares away



**7** A cheery mist of lime zest is a deliciously natural anti-depressant



**8** On display or hidden-away, perfumed paper bags are a girl's best friend



**9** Potpourri's fragrant appeal is a colourful addition to a living room